

INSTRUCTIONS FOR SPEECH SOUND PRODUCTION

P – Close the lips, then open them by sending out a puff of air.

B – Make this sound as you did the sound of P and use your voice.

M – Close the lips and make a humming sound.

N – With the mouth open, place the tip of the tongue on the gum behind the upper teeth. Send the voice through the nose.

T – With the mouth open, place the tip of the tongue on the gum behind the upper teeth. Blow it away with a puff of air.

D – Place the tip of the tongue on the gum behind the upper teeth as you did for the T sound and turn on your voice.

K – Arch the back of the tongue so that it touches the soft palate. Lower it quickly as you blow.

G – Make this sound as you did the K sound and turn on your voice.

NG – Arch the back of the tongue so that it touches the soft palate. Send the sound through the nose and keep the tongue still. Do not let the sound slide back into the throat.

F – Place the lower lip against the upper teeth and blow lightly.

V – Use same lip/teeth positioning as for F and turn on your voice.

TH – Voiceless – Widen the tongue and let the tip touch the inner edge of the upper teeth. Then blow over the tip of the tongue. I just say “stick your tongue out between your teeth”

TH – Voiced – Make this sound as you did the voiceless and turn on your voice.

S – Widen the tongue and place it behind the upper teeth near the gum. Close the teeth lightly and blow down the center of the tongue with a slight hiss.

Z – Make this sounds with same oral positioning as S and turn on your voice. Buzz with your voice.

SH – Make the sound of S, then draw the tongue back a little, push the lips forward slightly, and blow down the center of the tongue with a hushing sound.

CH – Make the sound of T and blend it into the Sh sound. Make Ch more quickly and with more air pressure than Sh.

J – Make this sound as you did Ch and turn on your voice.

L – Widen the tongue and place the tip on the gum behind the upper teeth. Let the voice escape over the sides of the tongue.

R – Widen and raise the tongue so that the sides touch the upper teeth and gums. Curl the tip slightly backward. Use your voice.

H – Open the mouth and breath out gently.

W – Round the lips as you do for the sound of “oo” and move them quickly to the position used for the vowel that follows.

WH – Blow gently through the lips which are rounded and slightly protruded, and proceed to the following vowel.

Y – Open the mouth slightly. Widen and raise the tongue slightly as for the sound of “ee”. With a little push, proceed to the vowel that follows.